

# 5 STEPS

## FAMILY EDITION

5x/week: Talk together

5x/week: Eat together

5x/week: Pray together

- 1 What is something that you are thankful to God for from the last week?
- 2 What is your favorite movie?
- 3 What do you want to be when you grow up?
- 4 What is your favorite food and what is your least favorite food?
- 5 What is something that you need prayer for (choose someone to pray for you)?
- 6 Would you rather have a dinosaur or a blue whale as a pet?
- 7 Would you rather eat ice cream or cake?
- 8 Would you rather be a pediatrician or a veterinarian?

- 9 Would you rather be able to fly or be invisible?
- 10 Would you rather live in a place that was always very hot or a place that was always very cold?
- 11 Would you rather have bright blue hair or bright blue feet?
- 12 Would you rather be so tall your head bumps the ceiling or be so short that you can't reach the counter?
- 13 Would you rather ride a super high rollercoaster or read a good book?
- 14 Would you rather have hands for feet or feet for hands?
- 15 Would you rather drive a racecar or be a helicopter pilot?
- 16 What is your dream vacation?
- 17 What is a story about a pet you had as a kid? OR What is a pet you've always wanted to have?
- 18 What is a favorite memory you have as a kid with your family?
- 19 What is something you like about the person on your left?
- 20 What is one thing you love about your family?

# 5 STEPS

FOOD . FAMILY . FUN

5x/week: Talk together

5x/week: Eat together

5x/week: Pray together

- 1 What does it mean to be a powerful person?
- 2 What does it mean to be a powerless person?
- 3 Tell me about a time when someone did something that made you feel like they really loved you.
- 4 What happens when you get afraid?
- 5 How can we be OK no matter what another person does to us?
- 6 What does it mean to love a person unconditionally?
- 7 How can we respond well no matter what another person does to us?
- 8 What does it mean to blame your choices on an outside force?

- 9 When someone is talking to you, how can you let them know you're listening?
- 10 When you need something what's the best way to let someone know?
- 11 What would need to happen for you to disagree with someone and still love them?
- 12 How would you forgive someone who hurt your feelings?
- 13 What are some ways to keep God as the #1 part of your life?
- 14 If you had a garden what would you need to do to help your plants grow?
- 15 If you were a garden, how would you help yourself grow?
- 16 What do you need to do to let the people around you know that you love them?
- 17 What did you learn today?
- 18 What did you love today?
- 19 What are some ways you can help people?
- 20 What do you enjoy giving to people?